

CASE STUDIES ■

Food toxicity and you... insights you need to know from people who've been there

"My 13 year-old had irritable bowel syndrome that would put her in bed for an entire day at a time with stomach cramps. She was prescribed medicine, but it didn't really help. We found out that there were six foods causing this. We removed them and she is **100% fine now**. She hasn't spent a day in bed since. We're astonished."

Parent of 13 year old

"When I saw the test results on my children, who were both cured of conditions that medicines had failed to help (one cured of migraines and one cured of stomach aches), I decided to take the test myself. I didn't really have any direct symptoms to speak of (at least I didn't think I did), but was curious to see if I was eating any foods that were toxic to my immune system. I was shocked to see I had **24 food toxicities**, an uncommonly high amount. I removed them from my diet, lost 3 pounds the first week and feel 20 years younger. I simply cannot believe the difference in everything from my sex drive to my tripled daily energy. It turns out I had a lot of symptoms I had just learned to live with, chronic fatigue, trouble sleeping and bags under my eyes (for 20 years) went away completely."

44 year old male, high level executive

"I had been heavy all my life. It turns out my body was under constant attack from more than **20 different foods** I was eating foods regularly that were poison to my particular system. When your body's under that much stress, it's nearly impossible to lose weight. I've lost 60 pounds in six months. I'm eating as much as I want, I've just changed the types of foods I'm eating and the pounds melted away. No one I know can believe it. I've sent 15 people to take this test and every one of them has had excellent results by removing their particular **food toxicities**."

55 year old female



Symptoms associated with food toxicity

Digestive Tract

Diarrhea
Constipation
Bloating feeling
Belching
Passing gas
Stomach pains

Ears

Itchy ears
Ear aches
Ear infections
Drainage from ear
Ringing in ears
Hearing loss

Emotions

Mood swings
Anxiety, fear
Irritability, anger
Depression
Aggressiveness
Nervousness

Energy & Activity

Fatigue
Sluggishness
Apathy
Hyperactivity
Restlessness
Lethargy

Eyes

Watery eyes
Itchy eyes
Swollen eyelids
Sticky eyelids
Dark circles
Blurred vision

Weight

Binge eating
Cravings
Excessive weight
Compulsive eating
Water retention
Underweight

Joint & Muscles

Joint pain
Arthritis
Stiffness
Limited movement

Muscle aches
Feeling of weakness

Mouth & Throat

Chronic coughing
Gagging
Often clear throat
Sore throat
Swollen tongue/lips
Canker sores

Nose

Stuffy nose
Sinus problems
Hay fever
Sneezing attacks
Excessive mucous

Skin

Acne
Hives, rashes
Hair loss
Flushing, hot flashes
Excessive sweating

Head

Headaches
Faintness
Dizziness
Insomnia

Lungs

Chest congestion
Asthma, bronchitis
Shortness of breath
Difficulty breathing

Mind

Poor memory
Confusion
Poor concentration
Stuttering, stammering
Learning disabilities

Other

Irregular heartbeat
Rapid heart
Chest pains
Frequent illness
Urgent urination
Genital itch



Our Money Back Guarantee

Since our tests have shown us that 95% of the population has food toxicities, we are willing to guarantee our test results in an effort to help you be healthier. If it turns out that you have no food toxicities, you are most fortunate. You are not only one of the lucky 5%, but we will refund your test fees.

STOP the toxic shock to YOUR system

These (and other) healthy foods could be virtual poison to your particular system



Relieve migraines, chronic headaches, arthritic pain, chronic fatigue, digestion problems, ADHD and more than 50 other chronic conditions by discovering your personal food toxicities





STOP

the toxic shock to YOUR system

A 23 year ongoing study reveals that 95% of the population has what is known as a "type two" toxic reaction (IgG response) to common everyday foods that you eat regularly. Unfortunately the foods that cause this toxic shock vary widely according to your individual system. And "type two" reactions are delayed reactions (explained fully in this report), so they are very difficult to detect on your own.

200,000 Success Stories

Immuno Laboratories' 200,000 success stories often read like the three case studies in this report. (see back panel for more than 75 symptoms associated with food toxicities). Perfectly healthy foods can be virtual poison to your particular system. The latest trendy diets may be good for general information. But everyone's system is different, so you want to find out which foods are toxic to your particular system. This will help you be healthier and more energetic than ever before.

Are YOU poisoning YOUR body?

TYPE ONE toxic reactions (IgE reactions) are obvious. You know when you have one because your body suffers a notable and almost instant reaction (some people can die from strawberries or crab meat).

TYPE TWO This report covers type two reactions. These are not immediate, making them almost impossible to detect without sophisticated testing.

FOOD

is your 1st and best medicine

when you know which foods are right for you



Which foods are toxic?

Different foods break down at different speeds, causing different toxic reactions depending upon the food and your personal body chemistry. Therefore, without scientific testing, it is very difficult to judge which foods cause which reactions and when.

How to test YOUR particular system

Immuno Laboratories, a federally licensed blood laboratory has developed a test known as the Immuno One Bloodprint™. The test is highly scientific and meticulously developed over more than two decades. For the laboratory, the test is complex, but for you it is very simple: A licensed phlebotomist, nurse or physician draws your blood and you are free to go within ten minutes.

At the lab, we have special micro titer plates with tiny wells that hold 115 different food antigens (molecular level of foods). Lab technicians pipette your blood serum onto the various food antigens. With laser-like beams of light, a special micro plate reads precisely which foods are blending with your system and which foods are toxic to your system.



TOXICITY

Be super healthy!

Know which foods are toxic to your system

Once the results are in

We generate a comprehensive report detailing your toxic foods, including your personal wallet-size list. Sometimes people find that while they may only have a few food toxicities, these make up foods that they eat regularly. Therefore, if you are allergic to pasta and you eat it four or five times per week, you could be poisoning yourself four or five times per week.

Removing the toxins and diet advice

The most notable point to make here is how much better you'll feel. Some people rid themselves of lifelong chronic conditions like migraines (this is almost always caused by a food toxicity). Some people feel a tremendous boost in energy, sex drive and a general increase in mental acuity. Others notice that their constant irritability is gone (yes, foods can dramatically effect your moods). Our ongoing support includes diet advice, food counseling, even recipe ideas to keep your meals tasty (and now healthier than ever before for your particular system).



FACTS

& "Wows" About Your Health

A Journal of American Medical Association (JAMA) article revealed that more 75% of the money spent on health care is spent on chronic conditions. Our research indicates that a great deal of these chronic conditions are the direct result of food toxicities; easily treatable by simply removing the foods from your diet.

With only 270 million people in this country, you will be shocked to learn that more than 2.9 billion prescriptions are written every year, generating more than \$131.9 billion for the pharmaceutical companies. Many of these prescriptions mask the conditions caused by food toxicity. And, these prescriptions don't cure the condition, they simply help alleviate the symptoms (pain killers and other symptom-relieving prescriptions). Over 43 million people suffer from arthritis. Arthritic pain is often the result of food toxicity. More than 50 million Americans suffer from irritable bowel syndrome (abdominal cramps, bloating, gas, constipation, diarrhea, etc.) In our experience, this is almost always directly caused by food toxicities. Remove the foods and the symptoms go away. If they don't, we'll refund your test fee. Ear infections cause parents to take their children in for more than 20 million doctor visits - a symptom caused or aggravated by food toxicity.

Various Tests Available

Your healthcare professional will counsel with you to determine what tests are appropriate for your personal needs.