

Ask your healthcare  
provider today if  
Targeted Amino Acid  
Therapy is right for you.

Neurotransmitters are the chemical messengers that relay signals between nerve cells (neurons) and are present throughout the body. Inadequate or unbalanced neurotransmitter levels can result in disrupted or distorted signals between neurons. Many apparently dissimilar conditions can have a common underlying neurotransmitter imbalance.



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**Ask Your Doctor**

# Female Hormone **BALANCE**

**Is your brain  
chemistry working  
against you?**

*Are neurotransmitter  
imbalances to blame  
for your condition?*

# Female Hormone BALANCE

Many women suffer from symptoms like low libido, lack of energy, and mood swings. These symptoms appear as changes are occurring in the levels of various hormones and brain chemicals called neurotransmitters.

In most women, hormone levels can rise and fall abruptly while cycling and entering menopause.

Hormones are an integral part of the complex biochemical system that makes up the human body. Their levels and balances are influenced by a number of important neurotransmitters.

When neurotransmitters are imbalanced, due to poor diet, stress, and genetic predisposition, the body fails to maintain appropriate levels of key hormones. Now a new, effective medical program may be able to bring you lasting relief from the symptoms of PMS and menopause.



## Neurotransmitter Balance

Neurotransmitters are brain chemicals that relay signals between nerve cells and are required for proper brain function.

Many people suffer from symptoms and don't

realize that they are due to neurotransmitter imbalances. These imbalances can effect hormone levels and lead to a number of problems.

Maintaining optimal neurotransmitter levels can prevent many of the symptoms of PMS and menopause and can even help restore hormone levels.

## What can you do?

The NeuroScience Targeted Amino Acid Therapy Program is an effective means of addressing hormone and neurotransmitter imbalances. A non-invasive lab test will be taken to measure your neurotransmitter and hormone levels. This test will determine if an imbalance is present and what products should be used in order to combat the neurotransmitter imbalance that disrupts your body's hormone regulation.

The program uses a combination of specific amino acids, vitamins, and minerals that will increase your body's production of neurotransmitters. These formulas can be used in conjunction with most other therapies your physician may prescribe.

The program will optimize your neurotransmitter levels, which will reduce the symptoms of a hormone imbalance. The right balance of these chemicals can set the stage



## New Answers for PMS, Menopause, and Female Hormone Imbalance

### Addressing the Biochemistry of the Brain

You know how important hormones are. The world can change dramatically each month for you. Nearly all women experience at least some discomfort during their cycle or as they pass from childbearing years to menopause.

The symptoms of hormone imbalances can be severe, including:

- Hot Flashes
- Anxiety
- Moodiness
- Irritability

Diet, routine exercise, and stress management can be helpful in treating these conditions. Hormone replacement therapy can be used to increase hormone levels, but concerns regarding long-term safety remain. Addressing neurotransmitters through Targeted Amino Acid Therapy is a non-hormonal approach that safely addresses many of the symptoms of decreased hormone levels.

for restoring your health. Your brain and nervous system will once again send strong signals to the rest of your body. Resulting in:

- Heightened Sex Drive
- Appetite Control
- Mood Stabilization
- Increased Energy